

Bereavement Resources

The Children's Room

1210 Massachusetts Avenue
Arlington, MA 02476
TEL: 781-641-4741
WEB: childrensroom.org

Care Dimensions

Grief Support
888-283-1722
<https://www.caredimensions.org/grief-support/index.cfm>

Newton Wellesley Hospital

Bereavement Support
1 Hollis Street
Wellesley, MA
617-243-6566
<https://www.nwh.org/community-services/heal-helping-educate-after-loss/adult-loss/heal-support-groups>

Mount Auburn Hospital

Bereavement Support
330 Mount Auburn Street
Cambridge, MA
617-492-3500
<https://www.mountauburnhospital.org/patients-visitors/pastoral-care/bereavement-support/>

Referrals

Bette Spear, LMHC, LMFT

Adult Individual Counseling
Arlington, MA
617-816-6402
Specialties: suicide and homicide loss

Faith Benton, PhD

Child (10+), Teen, and Adult Individual Counseling
Arlington, MA
781-648-9202, faithbenton@yahoo.com
Specialties: Anxiety, child loss, family therapy

Bob Cohen, LICSW

Arlington Counseling Associates
Child (5+), Teen and Adult Individual Counseling
Arlington, MA
781-641-4100

Carol Wintle, LMHC

Child, Teen, and Adult Individual Counseling

Arlington, MA and Belmont, MA

617-823-7070, carol@carolwintle.com

Specialties: mindfulness, conflict resolution, bullying prevention, grief, and therapeutic storytelling

Chris Gill, LICSW

Child (10+), Teen, and Adult Individual Counseling

Lexington, MA

christopherbgill@gmail.com

Specialties: young adults, family therapy, play therapy, loss and grief, ADHD, depression, anxiety

Lexington Counseling

Lexington, MA

781-862-8621

Brian Bermack, Psy.D.

339-707-5236

5 Water Street

Arlington, MA

Jessica Foley, LMHC

617-877-0071

36 Beaver Street

Waltham, MA

Katherine Alson, LICSW

339-707-7067

Arlington, MA

Mitch Davidowitz, LICSW

339-666-1101

Arlington, MA

James Bennett, LICSW

781-691-5149

Arlington, MA

Jennifer Sheng, LICSW

617-741-9353

Arlington, MA

Marlene Kenney, LICSW

781-460-6860

Arlington, MA

Psychology Today - Specialty in grief and loss

<https://www.psychologytoday.com/us/therapists/ma/arlington?category=grief>

Crisis Text Line

(100% Free, for any reason you need to speak with someone)

Text: "Home" to 741-741
<https://www.crisistextline.org/>